

*Volunteer
News*
January 2018



RENEW, REFRESH, REVAMP, REMARKABLE.

Happy 2018 SJMHS Volunteers & Volunteer Liaisons,

May the new year find you renewed, refreshed, revamped, remarkable, and hopefully ready for another great year of supporting Volunteer Services. Your commitment and dedication to an exceptional patient and community experience through volunteering is priceless. In kind as the new volunteer manager, I want to ensure that your experience is equally as satisfying. So, within my first thirty days in the role, I have learned an incredible amount of information and have been working on the following experience enhancements: Review of the onboarding materials, current "Service Guidelines", usage of the VSys One volunteer database, and the SJMHS volunteer webpage.

My 2018 "Meet & Greet" strategy will be to begin rounding bi-weekly at Ann Arbor, weekly at Livingston, Brighton, and at the Canton volunteer placements.

As a mother of three, and grandmother of four, I know the importance of face to face dialogue, positive encounters, and purposeful interactions. Looking forward to all of the forementioned with you all.

Lisa N. Austin, B.S.

Manager, Volunteer Services

Content:

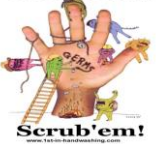
-2018 Message -Reminders -Remarkable Recipe -Birthdays -Opportunities



Reminders

*Hand washing is the single most effective way
to prevent the spread of infection.*

Germ Farm



Hands must be washed:

- On arrival to work
- Before leaving the restroom
- Before and after eating
- Before serving food
- After removing gloves
- Between handling of patients
- After using the toilet, after blowing or wiping the nose
- Before leaving the hospital

How to best utilize your Site Liaison:

- Main contact person for your assigned area.
- Responsible for your orientation and training
- Inform your liaison when you will be out of town, when you are sick, or when you decide to discontinue volunteering.



You are required to swipe in and out on the day you volunteer. This is necessary for you to be covered by our liability insurance, to record your volunteer hours, and lastly your service awards.



Eatsmarter.com

Healthy Chicken Dinner

30 minutes of preparation/ Serves 4

Ingredients: (12)

1.667 cups chicken stock

0.375 cup white wine

1 celery stalk (chopped)

1 bunch parsley stem (tied together)

1 bay leaf

4 chicken breasts (skinned)

1 bunch baby carrots (trimmed)

add salt

add peppers

16 cherry tomatoes (halved and lightly seasoned to draw out the juices)

1 bunch basil leaves

2 slices lemons (finely chopped)

Preparation Steps:

- Bring the chicken stock and wine to the boil in a pan and add the celery and herbs.
- Add the chicken breasts and poach gently for around 10 minutes until cooked through and no pink juices run out when pierced with a knife. Remove from the stock and keep warm wrapped in foil.
- Add the carrots to the poaching liquor and cook at a gentle simmer until tender – about 10 minutes. Remove from the liquor and set aside.
- Reduce the poaching liquor by half and season.
- To serve, slice the chicken breasts thickly and arrange on a plate with the poached carrots. Scatter over the tomatoes, basil leaves and chopped lemon then drizzle with a tablespoon or two of the reduced poaching liquor.

January Birthdays



St. Joseph Mercy- Ann Arbor

Delores Svenson 1st

Yara Ali 1st

Allison Grant 2nd

Betty Peters 5th

Timothy green 6th

Michael Johnson 7th

Dianne Scherr 8th

Brittany Berardi 13th

Deborah Broomham 13th

Sharvani Tummala 13th

Anuradha Rajeswaran 14th

Andrea Dai 18th

Grace Light 22nd

Dianna Kellman 24th

Shari Mangus Morsli 25th

Giovanni Wasson 26th

Marilyn Cayce 27th

Brittany Tyson 28th

St. Joseph Mercy- Livingston

Debbie Peltier 15th

Pat Laws 17th

John Bennett 18th

Lexyann Staber 21st

Wilfred Martin 26th

St. Joseph Mercy- Brighton

William Okamoto 15th

Marie Hall 20th



St. Joseph Mercy-Canton

Ruth Germeroth Canton 10th

Amandeep Brar Canton 21st

Delores Wilson Canton 22nd

NICU Advisory Board *Nikki Getsoian 2nd*

OPPORTUNITIES

If interested in any of these opportunities, please contact:
Volunteer Services at 734-712-4164.

Welcome Ambassador - Ann Arbor

This customer focused opportunity is for friendly individuals with great people skills to assist in the **Reichert** entrance and **SJM Ann Arbor Cancer Center** entrances as one of the first faces patients will see. You will greet and assist patients as they arrive and make sure their needs are met (questions answered, wayfinding to their destination, etc.). This is an amazing way to help those in need and make their visit more comfortable.



By saying a kind word...

By SMILING...

By helping without being asked...

By showing compassion...

By being reliable...

By living our Core Values...

Everyone Take This Opportunity.

Seetest&treat

Save the date of **April 14, 2018**. SJMHS Department of pathology is sponsoring a day of complimentary breast and cervical cancer screenings for women. This will include testing for HPV, pap smears, and mammograms with same day results. This annual event is geared towards those with no insurance, underserved populations with specific outreach to Hispanic and Arab populations. We are looking for bi-lingual Spanish and Arabic speaking volunteers to serve as guides.

Your day would consist of providing one-on-one personal guidance, interpretation, and direction of how to complete testing and to gain same day results including next step follow up. Keep this event in mind, more information to come next month.

